

# Charlevoix County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Charlevoix  
County  
Community  
Resource  
Guide

[ A guide to services in your community]

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**ABUSE & PROTECTIVE SERVICES**

**FOR EMERGENCY SERVICES CALL 911**

- Children & Adult Protective Services (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Crisis Hotline Text: REASON to <https://13reasonswhy.info> 741741
- Department of Health and Human Services (231) 348-1600
- Equality Michigan (313) 537-7000
- HAVEN Crisis Line (877) 922-1274
- Love is respect Hotline (866) 331-9474
- Narcotics Anonymous 24/7 (800) 230-4085
- National Domestic & Sexual Violence Helpline (800) 799-7233
- National Human Trafficking Resource Center (888) 373-7888
- RAINN (Rape & Incest National Network) (800) 656-4673
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention (800) 273-8255
- Third Level Crisis Intervention Text (800) 442-7315 (231) 480-0292
- Women’s Resource Center of Northern Michigan (231) 347-0067
- Victim Connect (Stalking hotline) (855) 484 2846

**ADULT AGING SERVICES**

- McLaren Home Care (866) 323-5974
- Area Agency on Aging of Northwest Michigan (800) 442-1713
- Charlevoix County Commission on Aging (231) 237-0103
- Disability Network of Northern Michigan (231) 922-0903
- Friendship Center- Counsel on Aging (231) 347-3211
- HAP Senior Plus (800) 868-3153
- Health Department of Northwest Michigan (800) 551-4140
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program MMAP (800) 803-7174
- Social Security Administration (800) 772-1213
- Veterans Affairs-Charlevoix County (231) 547-7220

**Adult Day Services**

- McLaren Adult Day Care Center (231) 348-0771
- Beaver Island Community Center (231) 448-2022
- Boyne Area Senior Center (231) 582-6682
- Charlevoix County Adult Day Services (231) 237-0103
- Charlevoix Senior Citizens Center (231) 547-5361
- East Jordan Senior Center (231) 536-7831
- Friendship Center- Counsel on Aging Emmet County (231) 347-3211
- The Living Room Adult Day Services (231) 487-5300

**Adult Foster Care**

- Autumnvue CLF (231) 536-2455
- Autumn Joy (855) 233-7205
- Bay Springs (231) 582-0631
- Bay Woods (231) 582-0641
- Candlewood Home (231) 535-2442
- Erber AFC (231) 549-2624
- Kerner’s Pincherry Haven (231) 347-3359
- Payton’s AFC Home (231) 549-2790
- Springridge Home (231) 582-6921

Winterlake CLF (231) 582-3611

**Alzheimer’s & Dementia Support**

Alzheimer’s Association (989) 390-9811  
Alzheimer’s Association & Helpline (800) 272-3900  
Area Agency on Aging of Northwest Michigan (800) 442-1713  
Charlevoix Munson Hospital (231) 547-4024  
Dial- in Support Group (248) 865-1000  
Evening Dial-In Support Group (800) 272-3900  
Harbor Springs City Hall (800) 272-3900

**Assisted Living**

American House Senior Living (231) 753-3120  
The Brook of Boyne City (231) 582-4300  
Valley Assisted Living (231) 549-2026

**ANIMAL SUPPORT**

Animal Control Dial 911  
Charlevoix Veterinary Hospital (231) 547-9841  
Emmet County Stray Center (231) 348-5550  
Northern Michigan MASH Clinic (231) 582-2133

**Animal Shelters**

Charlevoix Area Humane Society (231) 582-6774  
Little Traverse Bay Humane Society (231) 347-2696

**COUNTY & CITY RESOURCES**

Human Resources City Gov. Office (231) 547-3254  
Charlevoix Area Chamber of Comm. (231) 547-2101  
Charlevoix County Comm. On Aging (231) 237-0103  
Charlevoix Convention and Visitors Bureau (800) 367-8557  
Community Service Center (231) 582-0151  
MDHHS – Charlevoix (855) 444-3911

**DISABILITY RESOURCES**

Children’s Special Healthcare Services (800) 359-3722

Department of Health & Human Services (231) 348-1600  
Disability Network of MI (800) 782-4160  
[www.dnmichigan.org/cil-directory](http://www.dnmichigan.org/cil-directory)  
Disability Network/Northern Michigan (231) 922-0903  
Employment Services (231) 922-0903  
GiGi’s Playhouse (Downs Syndrome Resources) (847) 885-6149  
Medicare/Medicaid Assistance Program (800) 803-7174  
Michigan Commission for the Blind (800) 292-4200  
Michigan Commission for the Deaf (877) 499-6232  
Muscular Dystrophy association (800) 572-1717  
Paralyzed Veterans of America (800) 638-6782  
Relay Center for Deaf/Hard of Hearing 7-1-1  
Social Security Administration (800) 772-1213  
The Family Center for Children and Youth with Healthcare Needs (800) 359-3722  
United Cerebral Palsy of MI (800) 828-2714

**EDUCATION & TRAINING**

American Red Cross (800) 733-2767  
Special Education and Early Intervention Services (888) 320-8384

**Adult Programs**

American Red Cross (800) 733-2767  
Northwest Michigan Works! Learning Lab (231)258-9304  
Traverse Bay Area ISD- Northwest Michigan Works Learning Lab (231) 439-5204  
Special Education and Early Intervention Services (888) 320-8384  
Tuition Incentive Program (888) 447-2687

**Childcare Centers & Preschools**

Beaver Island Community School (231) 448-2744  
Boyne City Preschool (231) 582-7131

Boyne City Public School- Early Learners Program	(231) 439-8178
Boyne Falls Preschool	(231) 549-2211 Ext. 510
Bright Beginnings	(231) 547-8143
Charlevoix Children's House	(231) 547-5599
Charlevoix Montessori Academy	(231) 547-9000
East Jordan Elementary and Prep	(231) 536-7564
Little Rayders Preschool	(231) 547-8143
Northern Explorers Child Development Center	(231) 676-9499
NMCAA Preschool-Boyne	(231) 582-2133
NMCAA Preschool-Charlevoix	(231) 547-3206
NMCAA Preschool-East Jordan	(231) 536-0053
Saint Mary Pre-K	(231) 547-9441

### Colleges/Career Centers

Lake Superior State University	(231) 348-6623
Michigan Works Service Center	(231) 347-5150
North Central Michigan College	(888) 298-6605
Northwestern Michigan College	(855) 346-3662
Spring Arbor University	(231) 439-6203

### Libraries

Beaver Island District Library	(231) 448-2701
Boyne District Library	(231) 582-7861
Boyne Falls Branch Library	(231) 549-2277
Charlevoix Public Library	(231) 547-2651
Crooked Tree District Library	(231) 535-2111
Jordan Valley District Library	(231) 536-7131

### School Districts

Beaver Island Community School	(231) 448-2744
Boyne City Public Schools	(231) 439-8190
Boyne Falls Public School	(231) 549-2211
Charlevoix-Emmet ISD	(231) 547-9947
Charlevoix Public Schools	(231) 547-3200
Charlevoix Montessori Academy for the Arts	(231) 547-9000
Concord Academy Boyne	(231) 582-0194
St. Mary School	(231) 547-9441

### Youth Programs

Charlevoix Circle of Arts Youth on Course	(231) 547-7183
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Michigan State University Ext. Storytime & Outreach	(231) 582-6232 (231) 547-2651
Youth Art Lab	(231) 547-5599

## EMERGENCY & DISASTER SERVICES

<b>Ambulance, Fire and Police</b>	<b>911</b>
American Red Cross	(800) 733-2767
American Red Cross of Northern Michigan	(231) 947-7286
Office of Emergency Management	(855) 515-1624
Poison Control	(800) 222-1222
Salvation Army	(231) 347-3531

### Law Enforcement

Beaver Island Substation	(231) 448-2700
Boyne Falls Substation	(231) 549-2002
Charlevoix City Police Dept	(231) 547-3258
Charlevoix County Sheriff	(231) 547-4461
East Jordan Police Department	(231) 536-2273

## EMPLOYMENT ASSISTANCE

Michigan Indian Employment and Training Services	(800) 591-8820
Northwest Michigan Works	(231) 347-5150
Traverse City, MI	(800) 442-1074
Unemployment Office Hotline	(866) 500-0017

## FINANCIAL ASSISTANCE

Department of Human Services	(231) 348-1600
MSHDA: Step Forward	(866) 946-7432
NW Michigan Community Action Agency	(800) 632-7334
Salvation Army	(231) 347-3531

### Tax Assistance

Benzie Senior Resources	(231) 525-0600
Charlevoix Senior Citizens Center	(231) 547-5361
My Free Taxes <a href="http://www.myfreetaxes.com">www.myfreetaxes.com</a>	
Northwest Michigan Works	(800) 442-1074

Office  
Northwest Michigan Community (231) 347-9070  
Action Agency

Happy Paddle (630) 488-2949  
Whiting Park (231) 582-7040

## **FITNESS, RECREATION & REHABILITATION**

Charlevoix Area Community Pool (231) 547-0982  
Challenge Fitness (231) 237-1431  
Charlevoix Golf & Fitness (231) 547-9796  
Charlevoix Fitness Center (231) 547-8000  
Bear Barbell CrossFit (231) 420-1850  
Dharma & Grace Yoga Studio (231) 373-6033  
Demmer Wellness Pavilion of  
McLaren Northern Michigan  
East Jordan Community Pool (231) 536-2250  
Harbor Springs Community Pool (231) 526-4545  
Munson Healthcare Boyne Rehab  
Center (231) 582-6365  
Munson Healthcare Charlevoix  
Rehab Center (231) 547-8630  
Munson Healthcare Jordan Valley  
Rehab Center (231) 536-1451  
Munson Healthcare Beaver Island  
Rehab Center (231) 547-8630  
Northern Michigan Sports  
Medicine Petoskey West Clinic (231) 347-9300  
Northern Michigan Sports  
Medicine Petoskey East (231) 348-7950  
Northern Michigan Sports  
Medicine Harbor Springs (231) 348-7002  
Northern Michigan Sports  
Medicine Charlevoix (231) 547-0380  
Rehab Institute of MI (313) 745-1203  
Northern Michigan Sports  
Medicine Boyne City (231) 459-4750  
Mi Rehab Service (877) 901-7398

### **Parks & Recreation**

Archipelago Charters (231) 357-0271  
Avalanche Preserve Disc Golf (231) 582-6597  
Beaver Island Golf Course (231) 448-2301  
Beaver Island Slow Roll Tour (239) 810-1348  
Boyne Mountain Resort (855) 688-7024  
Charlevoix Recreation (231) 547-3253

## **FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE**

American Red Cross (800) 733-2767  
Area on Aging (800) 858-1637  
Bible Baptist Church (231) 547-4300  
Boyne Valley Food Pantry (231) 549-2230  
Christ Lutheran Church (231) 582-9301  
Care & Share (231) 536-7423  
Charlevoix Community Food  
Pantry (231) 237-9490  
Community Service Center –  
Boyne City (231) 582-0151  
Food Back Council of Michigan  
(Pantries) (231) 497-8677  
[www.fbmic.org/resources/find-  
a-food-bank](http://www.fbmic.org/resources/find-a-food-bank)  
Jordan Valley Baptist Church (231) 350-8301  
Jordan Rivers Church (231) 649-4312  
Lighthouse Lunch United (231) 547-2654  
Methodist Church  
Meals on Wheels (888) 370-7184  
Safe Haven Breakfast Club at  
Community Reformed Church (231) 547-9482  
WIC (800) 942-1636

## **HEALTHCARE SERVICES**

McLaren Home Care & Hospice (800) 342-7711  
Centers for Disease Control (800) 232-4636  
Children's Special Healthcare  
Services (800) 359-3722  
Health Department of Northwest  
Michigan (800) 432-4121  
Munson Home Health (800) 252-2065  
Veteran Affairs (844) 698-2311

### **Clinics & Hospitals**

McLaren Northern Michigan  
Hospital (800) 248-6777

McLaren Home Care	(866) 323-5974
Karmanos Cancer Institute	(800) 527-6266
Bay Street Orthopedics	(231) 547-7546
Beaver Island Rural Health Center	(231) 448-2275
Boyne Area Free Clinic	(231) 582-4605
East Jordan Family Health Center	(231) 536-2206
Hospital Emergency Room – Charlevoix	(231) 547-4024
Munson Healthcare Charlevoix Hospital: Emergency Room	(231) 547-4024
Munson Healthcare Charlevoix Women’s Health	(231) 547-4477
Munson Healthcare Charlevoix Physician’s Clinic	(231) 547-6519
Munson Healthcare Charlevoix Primary Care – Dr. Dennis Joy	(231) 547-1308
Munson Healthcare Charlevoix Sleep Center	(231) 547-8905
Munson Healthcare Charlevoix Surgeons	(231) 547-2812
Munson Healthcare Boyne Area Health Center	(231) 582-5314
Munson Medical Center	(231) 935-5000
Michigan HIV/STD Hotline	(800) 872-2437
Petoskey ENT Specialists	(231) 487-3277

### Dental Resources

Boyne Area Free Clinic	(231) 582-4605
Dental Clinics North-My	(231) 536-3000
Community Dental Center	
Dental Lifeline Network	(303) 534-5360
East Jordan Family Health Center	(231) 536-2206
Michigan Department of Health & Human Services	(231) 348-1600
Michigan Donated Dental Services Program	(800) 589-2632
Mobile Care Group Dental Care for homebound/nursing & assisted care facilities	(248) 809-6398

### Hearing Assistance

Boyne Area Free Clinic	(231) 582-4605
Health Department of Northwest Michigan	(800) 432-4121

Michigan Department of Health & Human Services	(231) 348-1600
Michigan School for the Deaf Relay Center for Deaf/Hard of Hearing	(800) 257-4850 7-1-1

### Medical Equipment & Loan Closets

ABC Medical Equipment	(866) 897-8588
Adaptive Environments – Home lifting systems	(800) 355-5438
ALS of Michigan	(800) 882-5764
Charlevoix Senior Citizens Center	(231) 547-5361
Friendship Centers of Emmet County	(231) 347-3211
GIGI’s Playhouse	(847) 885-6149
Lincare Inc	(231) 237-6000
Hart Home Medical Equipment	(231) 753-7200
Michigan CPAP, BiPAP, ASV, AVAPS & Supplies	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies	(800) 437-1474
Paralyzed Veterans of America MI	(800) 638-6782
The Loan Closet – Boyne	(231) 582-9555
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(517) 203-1200

### Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Alano Club – Alcoholism Tx	(231) 675-9184
Alzheimer’s Association	(231) 929-3804
Boys Town National Hotline	(800) 448-3000
Catholic Human Services	(231) 947-8110
Common Ground Crisis Line	(800) 231-1127
East Jordan Family Health Center	(231) 536-2206
Harbor Hall	(231) 547-8191
Jordan River Counseling Services	(231) 459-5606
Munson Healthcare Charlevoix Behavioral Health	(231) 547-8860
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255



National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
North Country Community Mental Health	(800) 834-3393
Pyramid of Hope Counseling, LLC	(231) 881-5001
RAINN (National Sexual Assault Hotline)	(800) 656-4673
Rambler Wellness Program	(231) 439-8253
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Third Level Services	(231) 922-4800
Women's Resource Center of Northern Michigan	(231) 347-0067

### Substance Abuse

Alcoholics Anonymous District 13	(231) 348-5005
Bay Area Substance Education Services	(231) 547-1144
Bases Recovery Center	(231) 547-1144
CDC Hotline	(800) 232-4636
Catholic Human Services	(231) 237-0048
Harbor Hall	(231) 547-8191
Narcotics Anonymous (NA) Hotline	(877) 338-1188
North Country Community Mental Health	(800) 834-3393
Safe Harbor Adolescent Recovery Center – East Jordan	(231) 547-8191
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment Services	(800) 834-3393

### Urgent Care

Charlevoix Urgent Care – Munson	(231) 547-4024
Charlevoix Hospital Urgent Care	(313) 826-3338
Quick Care Walk-In Med. Center	(231) 582-1515
Up North Medical Center	(231) 348-9200

Petoskey Urgent Care PC	(231) 487-2000
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### Vision Assistance

Boyer Area Free Clinic	(231) 582-4605
Health Department of Northwest Michigan	(800) 432-4121
Sight for Students Program	(888) 290-4964
Vision USA	(800) 766-4466

### HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Boyer City Housing Commission	(231) 582-6203
Charlevoix Housing Commission	(231) 547-5451
East Jordan Housing Commission	(231) 536-2051
Michigan Department of Health & Human Services	(231) 348-1600
MSHDA: Step Forward	(866) 946-7432
Northwest Michigan Community Action Agency	(231) 347-9070
USDA Rural Development - West Branch	(989) 345-5470
Veterans TOLL Free Numbers	<a href="http://iris.custhelp.va.gov">iris.custhelp.va.gov</a>

### Emergency Shelters & Warming Centers

Homeless Prevention-NMCAA	(844) 900-0500
Third Day Fellowship	(231) 547-8040
Mary Margaret House (Women)	(231) 439-5667
Nehemiah Project - Petoskey	(231) 347-0363
Night Light Men's Shelter	(231) 330-5316
Joppa House	(231) 330-2643

### Heating/Utility Assistance & Home

#### Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Michigan Department of Health & Human Services	(231) 348-1600
Northwest Michigan Community Action Agency	(231) 347-9070

Salvation Army (231) 347-3531  
The Heat and Warmth Fund (800) 866-8429

### Low Income Housing

Action Agency (800) 443-5518  
HUD Rental Assistance (800) 569-4287  
Highland Terrace Apartments (231) 536-3467  
Lake Harbor Apartments (231) 547-5202  
Parkview Apartments (231) 582-7071  
Pine Cove & Charlevoix  
Apartments (231) 547-5202  
Pine River Place Apartments (231) 547-5451  
USDA Rural Development (517) 324-5190

### LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441  
Legal Aid Legal Service (888) 733-1853  
Legal Hotline for Michigan  
Seniors (800) 347-5297  
Legal Services of Eastern  
Michigan (800) 322-4512  
Legal Services of Northern MI  
Michigan Department of Civil  
Rights (231) 941-0771  
(517) 335-3165  
Michigan Indian Legal Services (800) 968-6877  
Michigan Senior Legal Hotline (866) 400-9164  
Social Security Administration (800) 772-1213  
Women's Resource Center of  
Northern Michigan (231) 347-0067  
Women's Resource Center (800) 554-4972  
Veterans TOLL Free Number (800) 698-2411

### PARENTING/PREGNANCY RESOURCES

McLaren Northern Michigan-  
Breastfeeding Education (800) 248-6777  
McLaren Northern Michigan-  
Childbirth Education (231) 487-4762  
24-Hour Crisis Line (800) 275-1995  
Charlevoix Friend of the Court (231) 547-7205  
Child Safety Seat Inspection (866)SeatCheck  
Mother to Mother Breastfeeding (231) 347-4630

Peer Support Program  
LA LECHE (800) 525-3243  
Munson Healthcare Charlevoix (231) 547-8866  
Women's Health Resource Line (800) 994-9662  
The Family Center for Children  
and Youth with Special Health  
Care Needs (800) 359-3722  
WIC (800) 942-1636

### Prescription Assistance

#### Pharmacies

Central Drug Store (231) 547-2424  
East Jordan Family Health Center (231) 536-2206  
Family Fare-Boyer City (231) 582-6654  
Family Fare Supermarket - East  
Jordan (231) 536-7251  
Family Fare Supermarket -  
Charlevoix (231) 547-4131  
Huff Pharmacy (231) 582-6514  
Rite Aid - Charlevoix (231) 547-4001  
Rite Aid - East Jordan (231) 536-0901  
Walgreens Pharmacy (231) 547-1356

#### Prescription Assistance

Elder Prescription Insurance  
Program (866) 747-5844  
LifeSource Direct (866) 340-4748  
Michigan Medicare/Medicaid  
Assistance Program MiRx  
Discount Card (866) 755-6479  
Need Meds (800) 503-6897  
Partnership for Prescription  
Assistance [www.pparx.org](http://www.pparx.org)  
RxAssist [www.rxassist.org](http://www.rxassist.org)  
Senior Prescription Drug  
Assistance MMAP (800) 803-7174

### SUPPORT GROUPS

ALS of Michigan (800) 882-5764  
Alzheimer's Association and  
Helpline (800) 272-3900  
Area on Aging (800) 858-1637  
Common Ground Crisis Line (800) 231-1127

Disability Network of MI (800) 782-4160  
[www.dnmichigan.org/cil-directory](http://www.dnmichigan.org/cil-directory)  
 Epilepsy Foundation of Michigan (800) 377-6226  
 Equality Michigan (313) 537-7000  
 Haven Crisis Line (877) 922-1274  
 Love is Respect Hotline (866) 331-9474  
 Narcotics Anonymous 24/7 (800) 230-4085  
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255  
 National Domestic & Sexual Violence Helpline (800) 799-7233  
 National Human Trafficking Resource Center (888) 373-7888  
 Parkinson's (800) 852-9781  
 Problem Gambling Help Line (800) 270-7117  
 RAINN (Rape & Incest National Network) (800) 656-4673  
 SEMCA (800) 686-6543  
 Stop It Now! Hotline (888) 773-8368  
 Substance Abuse Hotline (800) 662-4357  
 Suicide Prevention (800) 273-8255  
 WIC (800) 942-1636  
 Women's Health Resource Line (800) 994-9662

### **TRANSPORTATION**

Area on Aging (800) 858-1637  
 Around the Clock Taxi (231) 881-5491  
 Auto Safety Hotline (888) 327-4236  
 Beaver Island Ferry Transit (231) 547-2311  
 Charlevoix County Transit (231) 582-6900  
 Child Safety Seat Inspection (866) Seat-Check  
 Harbor Care Associates (231) 439-9222  
 Wheelchair Transport-Petoskey  
 Karmano's Cancer Institute (800) 527-6266  
 Veterans TOLL Free Number [iris.custhelp.va.gov](http://iris.custhelp.va.gov)

### **TRIBAL SERVICES**

Department of Civil Rights (517) 335-3165  
 MDHHS Native American Affairs Office (517) 335-7782  
 Michigan Indian Legal Services (800) 968-6877  
 Michigan Indian Employment and Training Services (800) 591-8820  
 Michigan Indian Tuition Wavier (517) 241-7748  
 The Grand Traverse Band of Michigan Ottawa & Chippewa Indians (231) 534-7750  
 U.S. Office of Indian Education (202) 260-3774

### **VETERANS AFFAIRS**

Area on Aging (800) 858-1637  
 Charlevoix County Veterans Affairs (231) 547-7220  
 CHAMPVA (800) 733-8387  
 CHAMPVA Meds by Mail (800) 385-0235  
 Michigan Veterans Affairs (800) 642-4838  
 Paralyzed Veterans of America (800) 638-6782  
 Veterans Administration (800) 827-1000  
 Veteran's Crisis Line (800) 273-8255  
 Veterans TOLL Free Number [iris.custhelp.va.gov](http://iris.custhelp.va.gov)

### **VOLUNTEER OPPORTUNITIES**

American Red Cross (800) 733-2767  
 Area on Aging (800) 858-1637  
 Charlevoix Conservation District (231) 582-6193  
 Charlevoix Public Library (231) 547-2651  
 Food Bank Council of Michigan  
[www.fbmic.org/resources/find-a-food-bank](http://www.fbmic.org/resources/find-a-food-bank)  
 Munson Healthcare Charlevoix Hospital (231) 547-8501  
 NW Michigan Habitat for Humanity (231) 348-6926  
 United Methodist church (231) 547-2654  
 United Way - Petoskey (231) 487-1006

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b>  <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.